UNITED SCHOOLS FEDERATION

St Michaels C. of E. Nursery & Primary | St Catherine's C. of E. VA Primary | Marldon C. of E. VA Primary | Brixton St Mary's C. of E. VA Primary
Ipplepen Primary | Stokeinteignhead Primary | Doddiscombsleigh Primary School | The Topsham School

Relationships and Sex Education (RSE) Policy

Statement of Intent

RSE is about the emotional, social and cultural development of our pupils, and involves learning about relationships, sexual health, sexuality, healthy lifestyles, diversity and personal identity. It involves a combination of sharing information and exploring issues and values.

Our curriculum encompasses many aspects of the Personal, Social, Health Education (PSHE) curriculum as well as contributing to promoting the spiritual, moral, cultural, mental and physical development of our pupils.

Our policy on RSE is based on the Department for Education (DfE) Relationships Education, Relationships and Sex Education (RSE) and Health Education (2025).

The intent of our Relationships and Sex Education is to help and support young people through their physical, emotional and moral development. A successful programme, firmly embedded in PSHE, will help young people learn to respect themselves and others and move with confidence from childhood, through adolescence into adulthood. Our programme aims to provide the basis for an ongoing programme of RSE that begins in Reception and continues through to Year 6.

The aims of relationships and sex education (RSE) in our schools

- Is a partnership between home and school
- To prepare pupils for puberty, and give them an understanding of sexual development and the importance of health and hygiene
- To create a positive culture around issues of sexuality and relationships
- To teach pupils the correct vocabulary to describe themselves and their bodies
- Starts early and is relevant to pupils at each stage in their development and maturity.
- Includes the acquisition of knowledge, development of life skills and respectful attitudes and values.
- Has sufficient time to cover a wide range of topics with a strong emphasis on relationships, consent, rights, responsibilities to others, negotiation and communication skills, and accessing services.
- Helps pupils understand on and off-line safety, consent, violence and exploitation and how to keep themselves safe.
- Is both medically and factually correct and treats sex as a normal fact of life.
- Is inclusive of difference, gender identity, sexual orientation, disability, ethnicity, culture, age, faith or belief, or other life experiences.

- Promotes equality in relationships, recognises the challenges, gender inequality and reflects girls' and boys' different experiences and needs.

The RSE programme will reflect the schools' over-arching aims and demonstrate and encourage the following values:

- respect for self
- respect for others
- responsibility for our own actions
- responsibility for our family, friends, school and wider community

For our full RSE Policy, please follow the links below to each school's policies page:

- St Michael's
- St Catherine's
- Marldon
- Brixton St Mary's
- Ipplepen
- Stokeinteignhead
- Doddiscombsleigh
- Topsham

For further details of the PSHE curriculum, please follow the links below to each school's curriculum page. The PSHE curriculum policy can be found in the curriculum policies document:

- St Michael's
- St Catherine's
- Marldon
- Brixton St Mary's
- Ipplepen
- Stokeinteignhead
- Doddiscombsleigh
- Topsham